



## **EVENT ENTRY & PARTICIPATION RULES**

The following rules of entry and participation are common sense. They may seem onerous, but in the main they have been constructed for your safety and the protection of all those involved in the competition, it's promotion and overall well-being of the show and the competition.

If you are suffering from any illness, please be truthful and advise us of this on your entry form. It may be that if you are suffering from something like asthma, providing you have your inhalers with you on the day you will be allowed to compete. This may not be the case if you are suffering from any form of heart complaint.

All the information we receive about you and your employer from the entry form or any subsequent correspondence will not be divulged to a third party unless we are legally required to do so.

1. You must have been employed continuously for at least six months in either a removal company or self-store business.
  - a) We may ask for proof of employment from your employer
  - b) You must supply a photo of yourself with the entry form
  - c) If your employment has been for less than six months but more than two months we will accept written testimonial from your employer and again may ask for further proof of employment.
2. Animo Events Ltd (the organiser of the competition) reserves the right to refuse entry to the competition. If that is the case we are not required to supply a reason for refusal.
3. Your entry form must be received by close of business on Monday 16 October 2017
4. By signing your entry form you are automatically agreeing that should it be required by the organiser, you will supply a letter from a medical practitioner stating you are in good health.
5. If you are a member of a gym or are a member of the British Weight Lifting Association you are obliged to provide us with membership details.
6. To enter you must be over 18 years of age

7. We will supply equipment and some items of clothing as outlined in the Event Information.
8. On checking in on Wednesday 8 November, you will be allotted an entry number which must be attached to your clothing throughout warm up, waiting your turn and during the competition. If this is removed we reserve the right to disqualify you.
9. All safety related equipment: Truck pull harness, Dead weight equipment and sandbags will be supplied by the organiser. You will not be allowed to supply any of these items for your own use.
10. The adjudicator has the final decision on all and every aspect of the actual competition.
11. Your participation is dependent on obeying the safety instructions given to you by the adjudicator and a member of the Animo Events team. Failure to adhere to these instructions will be likely to result in disqualification.
12. You must attend all safety and rules meetings as required.
13. You may be disqualified for failing to attend the above meetings.
14. On the day, you may be disqualified or barred from entering into any of the three disciplines for not adhering to the rules or for wearing inappropriate clothing and equipment.
15. All timings will be taken from a sports electronic timing machine. In the event this doesn't work an iPhone stopwatch will be used.
16. You must report any illness or injury immediately to the adjudicator or the Animo Events team.
17. By signing the entry form you automatically consent to give your permission, including waiver of moral rights, to copy, exhibit, transmit and broadcast your contribution including your image without time limit in all countries in the world by all means and in all media.
18. By signing the entry form you automatically agree to assist in promoting the event and competition in a positive manner and to not make any comment, that could be repeated in any media form including but not limited to social media, newspaper, magazine, television, radio which could be perceived as derogatory or be in any way harmful to the organiser, the adjudicator, sponsor or any member of the Animo Events team. The decision on the content, intent of the comment would be decided upon by the organiser.
19. The organiser reserves the right to cancel or change the date of the event.